

Kamath and Stothard Carpal Tunnel Questionnaire (CTQ)

Instructions: Circle YES or NO and the score either + or -

- Has pain in the wrist woken you at night?
YES 1 NO 0
- Has tingling and numbness in your hand woken you during the night?
YES 1 NO 0
- Has tingling or numbness in your hand been more pronounced first thing in the morning?
YES 1 NO 0
- Do you have/perform any trick movements to make the tingling, numbness go from your hands?
YES 1 NO 0
- Do you have tingling and numbness in your little finger at any time?
YES 1 NO 3
- Has tingling and numbness presented when you were reading a newspaper, steering a car or knitting?
YES 1 NO 0
- Do you have any neck pain?
YES -1 NO 0
- Has the tingling and numbness in your hand been severe during pregnancy?
YES 1 NO -1 N/A 0
- Has wearing a splint on your wrist helped the tingling and numbness?
YES 2 NO 0 N/A 0

TOTAL: _____

A score of 5 or more is recommended for use of the test as a diagnostic screening tool to replace nerve conduction studies (NCS). (1) When the score was more than or equal to 5, 90% of patients had a positive NCS. (2) A score of less than 3 correlated 100% to negative NCS. Only patients with a score of 3 or 4 and with equivocal signs and symptoms should undergo NCS. (2)

References:

1. Kamath V, Stothard J. A clinical questionnaire for the diagnosis of carpal tunnel syndrome. *J Hand Surg Br.* 2003 Oct;28(5):455-9.
2. Sangram BS et al. Can we accurately predict nerve conduction study outcome using a carpal tunnel syndrome questionnaire? *Surgeon.* 2019 Mar 29. pii: S1479-666X(19)30031-9.