



Name _____

Date _____

Cervical

- 001 - Cervical Segmental Joint Restriction
- 002 - Cervicogenic Headache
- 003 - Cervicogenic Vertigo
- 021 - Acute Cervical Torticollis
- 031 - Cervical Sprain/ Strain
- 032 - Cervical Hyperextension/ Hyperflexion Injury
- 051 - Cervical Disc Lesion
- 061 - Cervical Spondylosis/ DJD/ DDD
- 062 - Cervical Spine Stenosis
- 081 - Thoracic Outlet Syndrome
- 910 - Migraine Headache
- 920 - Temporomandibular Disorder
- 990 - Upper Crossed Syndrome
- 991 - Scapular Dyskinesia
- 992 - Paradoxical Breathing

Shoulder

- 081 - Thoracic Outlet Syndrome
- 331 - A/C Joint Sprain
- 332 - Biceps Tendinopathy- Proximal
- 333 - Shoulder Anterior Impingement Syndrome
- 334 - Rotator Cuff Strain/ Tendinopathy
- 351 - Adhesive Capsulitis
- 990 - Upper Crossed Syndrome
- 991 - Scapular Dyskinesia
- 992 - Paradoxical Breathing

Hip

- 202 - Sacroiliac Joint Dysfunction
- 621 - Piriformis Syndrome
- 631 - Hamstring Strain
- 641 - Greater Trochanteric Pain Syndrome
- 651 - Femoroacetabular Impingement (FAI)
- 661 - Hip Osteoarthritis
- 681 - Meralgia Paresthetica
- 992 - Paradoxical Breathing
- 993 - Lower Crossed Syndrome
- 998 - Foot Hyperpronation
- m290 - Modifier- Acute Low Back Pain
- m292 - Modifier- Extension Biased LBP

Prescribe Additional Exercises:

Treatment Description / Plan

Self Care Only

Daily for ____ days

____ times per week for ____ weeks

Treatment should result in ____% improvement

Notes:

Thoracic

- 081 - Thoracic Outlet Syndrome
- 111 - Thoracic Segmental Joint Restriction
- 112 - Costovertebral Dysfunction
- 151 - Thoracic Disc Lesion
- 161 - Thoracic Spondylosis
- 930 - Scoliosis
- 990 - Upper Crossed Syndrome
- 991 - Scapular Dyskinesia
- 992 - Paradoxical Breathing
- 993 - Lower Crossed Syndrome
- 998 - Foot Hyperpronation

Elbow

- 431 - Lateral Epicondylopathy
- 432 - Medial Epicondylopathy
- 481 - Pronator Teres Syndrome
- 482 - Cubital Tunnel Syndrome
- 483 - Radial Tunnel Syndrome
- 990 - Upper Crossed Syndrome
- 991 - Scapular Dyskinesia
- 992 - Paradoxical Breathing

Knee

- 701 - Fibular Head Joint Dysfunction
- 731 - Knee Ligamentous Sprain
- 732 - Patellar/ Quadriceps Tendinopathy
- 741 - Iliotibial Band Friction Syndrome
- 742 - Pes Anserine Bursitis
- 743 - Popliteal Cyst
- 751 - Meniscus Injury
- 761 - Patellofemoral Pain Syndrome
- 762 - Chondromalacia Patellae
- 763 - Knee Osteoarthritis- Tibiofemoral
- 771 - Osgood-Schlatter Disease
- 852 - Medial Tibial Stress Syndrome
- 993 - Lower Crossed Syndrome
- 998 - Foot Hyperpronation
- test - Test condition

Lumbosacral

- 201 - Lumbar Segmental Joint Restriction
- 202 - Sacroiliac Joint Dysfunction
- 211 - Lumbar Facet Syndrome
- 231 - Lumbar Sprain/ Strain
- 232 - Chronic Discogenic LBP
- 251 - Lumbar Disc Lesion
- 261 - Lumbar Spondylosis/ DJD/ DDD
- 263 - Lumbar Stenosis
- 271 - Lumbar Spondylolysis
- 272 - Lumbar Spondylolisthesis- Type II Isthmic
- 273 - Lumbar Spondylolisthesis- Type III Degenerative
- 621 - Piriformis Syndrome
- 681 - Meralgia Paresthetica
- 930 - Scoliosis
- 992 - Paradoxical Breathing
- 993 - Lower Crossed Syndrome
- 998 - Foot Hyperpronation
- m290 - Modifier- Acute Low Back Pain
- m291 - Modifier- Flexion Biased LBP
- m292 - Modifier- Extension Biased LBP

Hand and Wrist

- 481 - Pronator Teres Syndrome
- 483 - Radial Tunnel Syndrome
- 531 - DeQuervain's Stenosing Tenosynovitis
- 561 - Hand Osteoarthritis
- 581 - Carpal Tunnel Syndrome
- 990 - Upper Crossed Syndrome
- 992 - Paradoxical Breathing

Foot and Ankle

- 831 - Inversion (Lateral) Ankle Sprain
- 832 - Eversion (Medial) Ankle Sprain
- 833 - Syndesmotric Ankle Sprain
- 834 - Turf Toe
- 835 - Achilles Tendinopathy
- 851 - Plantar Fasciitis
- 852 - Medial Tibial Stress Syndrome
- 871 - Severs Disease
- 881 - Tarsal Tunnel Syndrome
- 882 - Morton's Neuroma
- 993 - Lower Crossed Syndrome
- 998 - Foot Hyperpronation

Other

- 910 - Migraine Headache
- 920 - Temporomandibular Disorder
- 930 - Scoliosis
- 940 - Fibromyalgia
- 990 - Upper Crossed Syndrome
- 991 - Scapular Dyskinesia
- 992 - Paradoxical Breathing
- 993 - Lower Crossed Syndrome
- 998 - Foot Hyperpronation