



PremierRehab^{LTD}

back in action.



YOUR LOGO

YOUR CLINIC NAME
YOUR ADDRESS
YOUR TELEPHONE NUMBER

Exercise Video

The following exercise plan was created for John Doe by (YOUR CLINIC NAME) on 6/1/2014. Click [Here](#) if you are not John Doe or someone other than (YOUR CLINIC NAME) provided these exercises.

[Cervical Retractions](#)

[Deep Neck Flexion](#)

[Levator Stretch](#)

[Suboccipital Stretch](#)

